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Question 1

Question Type: MultipleChoice

The Strathmore Health Plan uses clinical pathways to manage its acute care services. In order to reduce the risk of financial liability associated with the use of clinical pathways, Strathmore and its network hospitals should

Options:

- A- base pathways on relevant evidence reported in medical literature
- B- restrict each pathway to a single medical condition
- C- use pathways to establish a new standard of care
- D- allow providers to use only those interventions listed in the pathways

Answer:

A

Question 2

Question Type: MultipleChoice

In order to be effective, a clinical pathway must improve quality and decrease costs.

Options:

A- True

B- False

Answer:

B

Question 3

Question Type: MultipleChoice

Many health plans use clinical pathways to help manage the delivery of acute care services to plan members. One true statement about clinical pathways is that they

Options:

- A-** determine which healthcare services are medically necessary and appropriate for a particular patient in a particular situation
- B-** outline the services that will be delivered, the providers responsible for delivering the services, the timing of delivery, the setting in which services are delivered, and the expected outcomes of the interventions
- C-** cover only services delivered in an acute inpatient setting
- D-** address medical conditions that affect a small segment of a given population and with which the majority of providers are unfamiliar

Answer:

B

Question 4

Question Type: MultipleChoice

Elaine Newman suffered an acute asthma attack and was taken to a hospital emergency department for treatment. Because Ms. Newman's condition had not improved enough following treatment to warrant immediate release, she was transferred to an observation care unit. Transferring Ms. Newman to the observation care unit most likely

Options:

- A- resulted in unnecessarily expensive charges for treatment
- B- prevented Ms. Newman from receiving immediate attention for her condition
- C- gave Ms. Newman access to more effective and efficient treatment than she could have obtained from other providers in the same region
- D- allowed clinical staff an opportunity to determine whether Ms. Newman required hospitalization without actually admitting her

Answer:

D

Question 5

Question Type: MultipleChoice

Nilay Sharma suffered a small wound while working in his yard and was taken to a local hospital for treatment. A triage nurse at the hospital evaluated Mr. Sharma's condition and directed him to an outpatient unit in the hospital where a physician assistant examined, cleaned, and sutured the wound. Mr. Sharma returned home following treatment. The care Mr. Sharma received at the hospital is an example of the type of care known as

Options:

- A- specialty referral
- B- primary prevention
- C- urgent care
- D- emergency care

Answer:

C

Question 6

Question Type: MultipleChoice

The paragraph below contains an incomplete statement. Select the answer choice containing the term that correctly completes the paragraph.

The Balanced Budget Act (BBA) of 1997 established the use of _____ to determine coverage of emergency services for Medicare and Medicaid enrollees in health plans.

Options:

- A- utilization management standards
- B- the prudent layperson standard
- C- preauthorization
- D- diagnosis-based retrospective review

Answer:

B

Question 7

Question Type: MultipleChoice

Health plans arrange for the delivery of various levels of healthcare, including

Emergency care

Urgent care

Primary care delivered in a provider's office

In a ranking of these levels of care according to cost, beginning with the least expensive level of care and ending with the most expensive level of care, the correct order would be

Options:

A- 1---2---3

B- 2---3---1

C- 3---1---2

D- 3---2---1

Answer:

D

Question 8

Question Type: MultipleChoice

The following statement(s) can correctly be made about the hospitalist approach to inpatient care management:

Management of inpatient care by hospitalists may significantly reduce the length of stay and the total costs of care for a hospital admission

Most health plans that use hospitalists do so through a voluntary hospitalist program

A hospitalist's familiarity with utilization management (UM) and quality management (QM) standards for inpatient care may reduce unnecessary variations in care and improve clinical outcomes

Options:

- A- All of the above
- B- 1 and 2 only
- C- 1 and 3 only
- D- 2 only

Answer:

A

Question 9

Question Type: MultipleChoice

The following statements are about the use of hospitalists to manage inpatient care. Select the answer choice containing the correct statement.

Options:

- A-** A patient who has been transferred to a hospitalist for management of inpatient care usually continues to receive care from the hospitalist after discharge.
- B-** Hospitalists are used primarily to manage care for obstetric, pediatric, and oncology patients.
- C-** In order to serve as a hospitalist, a physician must have a background in critical care medicine.
- D-** Hospitalists typically spend at least one-quarter of their time in a hospital setting.

Answer:

D

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