



**Free Questions for 020-222 by certsdeals**

**Shared by Carter on 24-05-2024**

**For More Free Questions and Preparation Resources**

**Check the Links on Last Page**

## Question 1

---

**Question Type:** MultipleChoice

---

Lead V is located at the

### Options:

---

- A- Fifth intercostal space, left sternal border.
- B- Midclavicular line, fourth intercostal space.
- C- Fourth intercostal space, right sternal border.
- D- Midclavicular line, lateral to the xiphoid process.

### Answer:

---

C

## Question 2

---

**Question Type:** MultipleChoice

---

Two individuals have the same body weight, gender, ethnic background, and skinfold measurement results. One is 25 years old; the other is 45 years. Given this scenario, which of the following statements is TRUE?

**Options:**

---

- A- They both have the same percentage of body fat.
- B- The 25-year-old individual is fatter.
- C- The 45-year-old individual is fatter.
- D- Who is fatter cannot be determined from the information given.

**Answer:**

---

C

## Question 3

---

**Question Type:** MultipleChoice

---

For a client taking a  $\beta$ -blocker who has lowered resting blood pressure and heart rate, which of the following statements is TRUE?

**Options:**

---

- A- A submaximal test will provide the best estimate of the client's fitness.
- B- A submaximal test may underestimate the client's fitness.
- C- A submaximal test may overestimate the client's fitness.
- D- The client should be tested only when not taking the medication.

**Answer:**

---

C

## Question 4

---

**Question Type: MultipleChoice**

---

What action should you take for a 55-year-old client who has three risk factors for heart disease and complains of fatigue on exertion?

**Options:**

---

- A- Conduct a submaximal stress test without the presence of a physician.

- B-** Conduct a maximal diagnostic stress test in the presence of a physician.
- C-** Use a questionnaire to evaluate activity, and do not conduct a test.
- D-** Start the client exercising slowly, and test after 6 weeks.

**Answer:**

---

B

## Question 5

---

**Question Type:** MultipleChoice

---

Given the sensitivity of the exercise ECG, stress testing conducted on 100 cardiac rehabilitation clients with documented CAD would be expected to produce what results?

**Options:**

---

- A-** All 100 clients show ECG indicators of CAD .
- B-** Approximately 50 clients show ECG indicators of CAD .
- C-** Approximately 30 clients would show ECG indicators of CAD .

**D-** Approximately 70 clients would show ECG indicators of CAD .

**Answer:**

---

D

## Question 6

---

**Question Type: MultipleChoice**

---

Which of the following is an indication for terminating an exercise test?

**Options:**

---

- A-** The client requests test termination.
- B-** The respiratory exchange rate exceeds 0.95.
- C-** The maximal heart rate exceeds 200 bpm.
- D-** The RPE exceeds 17 on the standard scale.

**Answer:**

---

A

## Question 7

---

**Question Type:** MultipleChoice

---

Although 12-lead testing is the optimal ECG configuration, if only one lead can be used, which one should it be?

**Options:**

---

**A-** Lead II.

**B-** Lead AVL.

**C-** Lead V5

**D-** Lead V1

**Answer:**

---

C

## Question 8

---

**Question Type: MultipleChoice**

---

What is the best test of cardiovascular function for a client who is obese, has claudication in the legs, and has limited mobility because of neurologic damage from uncontrolled diabetes?

**Options:**

---

- A- Dipyridamole or dobutamine testing and assessment of cardiovascular variables.
- B- Discontinuous treadmill exercise test.
- C- Resting echocardiography.
- D- Continuous submaximal cycle ergometer test.

**Answer:**

---

A

## Question 9

---

**Question Type: MultipleChoice**

---

A "cold spot" detected in the inferior portion of the left ventricle during a stress test that resolves 3 hours later most likely indicates



**Options:**

---

- A- An old inferior MI.
- B- A MI that is healing.
- C- Reversible myocardial ischemia.
- D- The need for multiple bypass surgery.

**Answer:**

---

C

## Question 10

---

**Question Type:** MultipleChoice

---

What is the best test to help determine ejection fraction at rest and during exercise?

**Options:**

---

- A- Angiography.
- B- Thallium stress test.
- C- Single-proton emission computer tomography.
- D- MUGA (blood pool imagery) study.

**Answer:**

---

D

## Question 11

---

**Question Type:** MultipleChoice

---

The most accurate screening method for signs and symptoms of CAD is a

**Options:**

---

- A- Maximal exercise test with a 12-lead ECG.
- B- Submaximal exercise test with a 12-lead ECG.
- C- Discontinuous protocol, stopping at 85% of maximal heart rate.

**D-** Continuous protocol, stopping at 85% of maximal heart rate.

**Answer:**

---

A

**To Get Premium Files for 020-222 Visit**

<https://www.p2pexams.com/products/020-222>

**For More Free Questions Visit**

<https://www.p2pexams.com/acsm/pdf/020-222>

